

Canadian Charter of Rights for People with Dementia

Why it Matters

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Setting the stage



Dementia and the challenge of exercising human rights

The Alzheimer Society of Canada's Advisory Group of people with dementia


- Who they are
- Their mandate
- Resources created
 - www.alzheimer.ca/meaningfulengagement
 - www.alzheimer.ca/participationactive
- Charter of Rights
- Tackling stigma



Our Canadian Charter of Rights for people with dementia

Alzheimer Society

CANADIAN CHARTER OF RIGHTS FOR PEOPLE WITH DEMENTIA



As a person with dementia, I have the same human rights as every Canadian as outlined in the Canadian Charter of Rights and Freedoms. The following charter:

- Makes sure people with dementia know their rights.
- Empowers people with dementia to ensure their rights are protected and respected, and
- Makes sure that support and organizations that support people with dementia know their rights.

As a person with dementia, the following rights are especially important to me. I have the right:


<p>1 To be free from discrimination of any kind.</p> <p>2 To benefit from all of Canada's vicarious legal rights.</p> <p>3 To participate in developing and implementing policies that affect my life.</p> <p>4 To access support so that I can live as independently as possible and be as engaged as possible in my community. This includes:</p> <ul style="list-style-type: none"> • Meeting my physical, cognitive, social, and spiritual needs. • Getting involved in community and civic opportunities, and • Access opportunities for lifelong learning. 	<p>5 To get the information and support I need to participate as fully as possible in decisions that affect me, including care decisions from the point of diagnosis to palliative and end-of-life care.</p> <p>6 To expect the professionals involved in my care are:</p> <ul style="list-style-type: none"> • Trained in both dementia and human rights. • Held accountable for protecting my human rights including my right to get the support and information I need to make decisions that are right for me. • Treating me with respect and dignity. • Offering me equal access to appropriate treatment options and developing health conditions other than my dementia. <p>7 To access effective complaint and appeal procedures when my rights are not protected or respected.</p>
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It will take the effort of every Canadian to protect and respect the rights of people with dementia so that we are seen as valuable and equal community members.

Contact your local Alzheimer Society to learn how you can **get involved!**
1 800 616 8816 | alzheimerca

Société Alzheimer

CHARTRE CANADIENNE DES DROITS DES PERSONNES ATTEINTES DE MALADIES NEURODÉGÉNÉRATIVES



En tant que personne atteinte d'une maladie neurodégénérative, je bénéficie des droits fondamentaux et civils dans le cadre de la charte canadienne des droits et libertés, au même titre que tout autre Canadien. Cette charte :

- s'assure que les personnes atteintes de maladies neurodégénératives connaissent leurs droits.
- renforce la capacité des personnes atteintes de maladies neurodégénératives à protéger leurs droits et à les faire respecter, et
- s'assure que les personnes et les organismes qui soutiennent les personnes atteintes de maladies neurodégénératives connaissent leurs droits.

En tant que personne atteinte d'une maladie neurodégénérative, les droits suivants me sont particulièrement importants. J'ai le droit :

<p>1 De ne pas subir de discrimination, quelle que soit sa forme.</p> <p>2 De bénéficier de tous les droits civils et juridiques au Canada.</p> <p>3 De participer à l'élaboration et à la mise en œuvre de toute politique affectant ma vie.</p> <p>4 D'avoir accès à des moyens de soutien pour permettre de vivre de manière aussi indépendante que possible et de rester actif(e) dans la collectivité. Cela inclut notamment :</p> <ul style="list-style-type: none"> • de satisfaire mes besoins physiques, cognitifs, sociaux et spirituels. • de m'impliquer dans la vie civique et communautaire. • d'avoir accès à des possibilités d'apprentissage continu. 	<p>5 D'obtenir l'information et le soutien dont j'ai besoin pour participer aussi pleinement que possible à la prise de décision et à l'engagement, y compris celle qui concerne mes soins, de prise de décision jusqu'à mes soins palliatifs et de fin de vie.</p> <p>6 D'attendre des professionnels chargés de mes soins d'être :</p> <ul style="list-style-type: none"> • soe formés dans le domaine des maladies neurodégénératives et des droits de la personne; • soe responsables de protéger mes droits fondamentaux et humains, et de soutenir et d'offrir l'information dont j'ai besoin pour prendre des décisions au sujet de mon traitement; • me traiter avec respect et dignité; • me offrir un accès équitable à des options de traitement appropriées au fur et à mesure que survient des maladies outées avec ma maladie neurodégénérative. <p>7 D'avoir accès à des procédures de plaintes et d'appels efficaces lorsque mes droits ne sont pas protégés ou respectés.</p>
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Tous les Canadiens et, toutes les Canadiennes devant s'efforcer de protéger et de respecter les droits des personnes atteintes de maladies neurodégénératives, afin que ces dernières soient perçues comme membres à part entière de leur communauté.

Contactez votre Société Alzheimer locale pour savoir comment vous pouvez **vous engager!**
1 800 616 8816 | alzheimerca

www.alzheimer.ca/charter

www.alzheimer.ca/charte

**How I have seen the principles of the
Charter put into practice (or not)**

know these rights.

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- 1 To be free from discrimination of any kind.
- 2 To benefit from all of Canada's civic and legal rights.
- 3 To participate in developing and implementing policies that affect my life.
- 4 To access support so that I can live as independently as possible and be as engaged as possible in my community. This helps me:
 - Meet my physical, cognitive, social, and spiritual needs,
 - Get involved in community and civic opportunities, and
 - Access opportunities for lifelong learning.
- 5 To get the information and support I need to participate as fully as possible in decisions that affect me, including care decisions from the point of diagnosis to palliative and end-of-life care.
- 6 To expect that professionals involved in my care are:
 - Trained in both dementia and human rights.
 - Held accountable for protecting my human rights including my right to get the support and information I need to make decisions that are right for me.
 - Treating me with respect and dignity.
 - Offering me equal access to appropriate treatment options as I develop health conditions other than my dementia.
- 7 To access effective complaint and appeal procedures when my rights are not protected or respected.

It will take the effort of every Canadian to protect and respect the rights of people with dementia so that we are seen as valuable and vital community members.

Let's talk! Questions?

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