

Language Matters

New Brunswick Professional Diabetes Virtual Conference

April 16, 2021

We believe that the language we use matters.

Language used when communicating with and about people with diabetes can impact self-efficacy and confidence, improve self-management, and reduce stigma, stereotypes and prejudice associated with diabetes.

In keeping with this, we hope that your presentation will include language that is inclusive, equitable, and value based. We have included some suggestions below.

For more information on why language matters please see Diabetes Canada's Consensus Statement at:

<https://www.canadianjournalofdiabetes.com/action/showPdf?pii=S1499-2671%2820%2930146-5>

Preferred	Avoid
Person living with diabetes	Patient and Diabetic
Person living with overweight/obesity	Overweight or Obese
Check (blood glucose)	Test
Manage (diabetes)	Control
Goal-related language replacements	Compliant/ Non-compliant
----	Suffering from

Also, we are including some common short forms and acronyms that may be useful below:

PWD	Person with diabetes
BG	Blood glucose
HCP	Healthcare provider
Endo	Endocrinologist
CDE	Certified Diabetes Educator
T1D	Type 1 diabetes
T2D	Type 2 diabetes